Dato : 20.06.2013 **Løypelegger :** Arne Stakkestad
Kart : Frakkagjerd **Løypelegger :** Knut Bendik Kvala
Løyper : 3.0 km / 2.2 km
Deltakere: 31

L = Løypelegger
D = Disk
B = Brutt
R = Rekrutteringsbonus

			Tid		Poeng	Strekktider										
	D18-41															
	Anita Nicolaysen	Karmsund BIL		B	0											
	D42-54															
1	Ingrid Lindaas	Sjukehuset BIL	00:43:57		1000	09:10	03:15	03:15	04:15		06:31	04:58	05:06	02:39	03:16	01:32
2	Anita Sælevik	Aibel BIL	00:48:08		917	08:19	04:10	03:04	05:03	02:30	04:15	06:00	05:58	03:02	03:29	02:18
	D55+															
1	Olga Våg	Sjukehuset BIL	00:46:10		1000	08:46	03:21	03:03	05:01	02:27	03:34	06:02	05:09	03:51	03:08	01:48
2	Inger K. Haavik	Haugaland kraft BIL	01:17:38		371	15:20	08:59	04:25	09:47	03:54	04:46	11:38	08:08	03:13	05:09	02:19
	D-kort															
1	Hildegunn Solli Kalleland	Karmøy kommune BIL	01:21:29		1000	08:29	10:16	16:47	18:04	10:34	14:21	02:58				
2	Tove Vinje Paulsen	Gassco BIL	01:21:31		1000	08:30	10:09	16:54	17:56	10:29	14:36	02:57				
	D60-kort															
	Ingen															
	H18-41															
1	Sigleif Steinsvåg	Karmøy kommune BIL	00:36:14		1000	06:59	02:41	02:46	03:30	01:50	03:13	05:57	03:54	01:39	02:35	01:10
	H42-54															
1	Einar Martinsen	Hustvedt & Skeie Transport A	00:31:14		1000	06:00	02:38	02:09	03:13	01:51	02:27	03:58	03:26	01:43	02:26	01:23
2	Kjetil Fiskå	Thune Biltransport BIL	00:37:28		876	06:53	02:55	02:38	03:56	02:18	02:47	04:51	04:38	01:54	03:33	01:05
3	Jan Steffensen	Hydro BIL	00:41:20		798	09:08	03:18	03:31	04:38	01:52	03:01	04:59	04:21	02:04	03:01	01:27
4	Mikal Liknes	COWI BIL	00:49:02		644	08:55	02:53	02:27	06:47	02:52	02:51	08:12	07:42	02:01	03:00	01:22
	H55-64															
1	Stein Jarle Helgeland	Jostein Myge BIL	00:36:59		1000	06:29	02:54	04:08	03:22	02:23	03:04	03:19	04:14	02:09	03:36	01:21
2	Arthur Lind	Statoil BIL	00:39:28		951	07:09	02:51	02:26	05:06	02:14	02:38	07:44	03:33	01:59	02:23	01:25
3	Lars Kristian Gjerde	Telesport BIL	00:42:33		889	08:09	02:54	02:49	04:26	03:04	03:33	04:24	05:26	02:14	04:03	01:31
4	Steinar Lundberg	Hydro BIL	00:44:09		857	07:21	03:57	03:02	07:21	02:56	03:16	03:59	04:39	02:07	04:01	01:30
5	Erling Haavik	Haugaland kraft BIL	00:45:52		823	07:15	03:29	02:47	04:39	02:45	02:53	09:14	04:17	01:58	05:08	01:27
6	Magnar Sætre	COWI BIL	00:47:32		789	09:05	03:23	02:56	06:16	02:44	04:23	05:18	05:44	02:34	03:27	01:42
7	Svein Louis Bersaas	Statoil BIL	01:05:22		433	12:00	04:24	05:43	08:05	03:55	04:33	11:32	05:55	02:48	04:35	01:52
8	Anfinn Paulsen	Gassco BIL	01:17:28		191	12:14	11:48	04:50	10:12	03:57	05:00	12:31	07:16	03:20	04:25	01:55
	H65+															
1	Sigved Gramstad	Sjukehuset BIL	00:49:07		1000	08:29	04:03	04:46	05:28	06:39	03:10	04:05	04:56	02:27	03:21	01:43
2	Roald Tellnes	Telesport BIL	00:55:41		869	09:33	04:06	03:59	05:38	02:20	03:01	13:29	06:02	02:33	03:32	01:28
3	Lars Petter Knutsen	ConocoPhillips BIL	01:04:01		702	11:29	03:23	03:32	09:17	03:24	07:48	06:44	07:01	03:15	06:04	02:04
	Arne Stakkestad	Jostein Myge BIL		L	1000											
	Knut Bendik Kvala	Sjukehuset BIL		L	1000											
	H-kort															
1	Per B. Myhre	Aibel BIL	00:53:25		1000	04:34	02:42	03:34	15:19	16:40	08:56	01:40				
	H60-kort															
1	Karl Johan Rød	Marine Aluminium BIL	00:37:37		1000	05:43	03:09	04:09	08:50	07:04	07:09	01:33				
2	Kåre Vold	Hydro BIL	00:47:12		809	06:06	04:02	04:44	09:23	09:01	11:16	02:40				
3	Jakob Fosen	Hydro BIL	00:51:48		717	07:45	03:50	04:46	09:22	11:40	12:12	02:13				
4	Sverre Lervik	Koperviklærerne BIL	00:52:30		703	05:54	06:31	05:03	10:19	10:45	11:44	02:14				
	Aktiv-N															
1	Knut Steffen Kvala	Haugesund IL	00:31:38		1000	05:56	02:17	02:08	03:39	02:11	02:40	03:11	03:56	01:40	02:29	01:31
2	Ingrid Eggen	Haugesund IL	00:55:53		515	11:17	03:50	03:11	04:45	03:00	03:55	06:25	09:54	03:44	04:07	01:45
	Aktiv-K															
1	Ann Charlotte Kvala	Haugesund IL	01:03:21		1000	06:26	04:47	08:48	14:21	10:18	15:38	03:03				