

Dato : 08.05.2013
 Kart : Tveitalifjell
 Løyper : 3.7 km / 2.8 km
 Deltakere: 26

Løypelegger :
 Løypelegger :

Ingrid Lindaas
 Olga Våg

L = Løypelegger
 D = Disk
 B = Brutt
 R = Rekrutteringsbonus

Tid Poeng Strekketider

				Tid	Poeng	Strekketider											
D18-41																	
Ingen																	
D42-54																	
1	Solfrid H Thuestad	Haugesund kommune BIL		00:43:49	1000	03:38	06:16	03:08	03:41	04:37	02:40	04:02	03:02	04:43	04:25	02:06	01:31
2	Anita Sælevik	Aibel BIL		00:54:21	790	05:18	07:18	04:33	04:02	04:36	02:52	04:42	04:13	06:48	04:35	03:29	01:55
	Ingrid Lindaas	Sjukehuset BIL	L		1000												
D55+																	
	Olga Våg	Sjukehuset BIL	L		1000												
D-kort																	
Ingen																	
D60-kort																	
Ingen																	
H18-41																	
Ingen																	
H42-54																	
1	Jon Magne Svendsbee	Statoil BIL		00:30:22	1000	03:08	04:09	02:12	02:40	02:48	01:53	02:36	02:35	03:05	02:10	01:53	01:13
2	Einar Martinsen	Hustvedt & Skeie Transport AS		00:32:25	959	02:59	04:37	02:20	02:52	02:52	01:56	02:48	02:10	03:46	02:39	02:12	01:14
3	John Arvid Diupesland	Haugaland kraft BIL		00:34:03	927	02:42	04:03	02:20	02:44	04:22	01:42	02:56	02:05	05:46	02:50	01:31	01:02
4	Mikal Liknes	COWI BIL		00:44:25	719	04:57	06:00	03:47	04:08	02:50	02:49	03:52	02:57	06:55	02:41	02:15	01:14
5	Jan Steffensen	Hydro BIL		00:46:14	683	04:11	05:34	03:33	03:41	03:42	02:24	04:07	03:05	08:40	03:28	02:05	01:44
6	Kjetil Fiskå	Thune Biltransport BIL		00:47:23	660	03:26	07:12	03:17	09:12	03:37	02:42	03:34	03:12	04:41	02:50	02:17	01:23
7	Per Gunnar Hettervik	Borøev FK		01:03:52	330	05:03	18:47	03:04	05:30	04:00	02:42	06:42	03:54	05:37	03:33	03:38	01:22
8	Tor Storesund	Marine Aluminium BIL		01:14:12	124	04:59	09:40	04:04	16:29	05:28	03:05	07:52	03:39	06:25	07:19	03:22	01:50
	Oskar Bjelland	Hydro BIL	B	00:43:49	0	08:30											
H55-64																	
1	Stein Jarle Helqeland	Jostein Myge BIL		00:35:02	1000	02:40	05:16	02:53	02:56	03:09	02:02	03:08	03:04	03:54	02:37	01:55	01:28
2	Ivar Kvale	Hydro BIL		00:39:58	902	04:02	05:45	03:08	03:27	03:21	02:30	03:50	02:56	04:09	03:12	02:05	01:33
3	Steinar Lundberg	Hydro BIL		00:45:23	793	04:41	06:36	03:55	03:49	03:41	02:27	04:07	03:34	04:54	03:47	02:20	01:32
4	Svein Louis Bersaas	Statoil BIL		01:11:00	281	04:47	18:17	04:00	16:45	06:36	03:06	04:17	03:37	18:02	04:40	02:35	02:30
5	John Arne Bauge	Haugesunds Avis BIL		01:29:12	0												
H65+																	
1	Knut Bendik Kvala	Sjukehuset BIL		00:50:47	1000	04:20	06:58	03:26	04:52	03:33	02:38	04:16	03:11	04:50	07:34	03:24	01:45
2	Roadl Telnes	Telesport BIL		00:51:44	981	04:38	06:34	04:40	04:35	03:41	03:34	04:52	03:15	04:57	06:31	02:40	01:47
3	Birger Bakkevoild	Haugesund kommune BIL		01:28:23	248	07:19	12:20	07:29	06:12	09:35	04:56	07:05	05:50	10:27	06:30	07:58	02:42
	Sivved Gramstad	Sjukehuset BIL	D	00:47:32	0	-135	04:47	06:57	03:36	03:41	03:35	02:37	08:30	05:28	03:46	02:43	01:52
H-kort																	
Ingen																	
H60-kort																	
1	Jakob Fosen	Hydro BIL		00:59:47	1000	06:42	13:09	03:53	07:01	04:01	04:33	05:05	05:47	07:04	02:32		
2	Einar Sæbo	Haugesund kommune BIL		01:04:32	905	06:17	05:17	18:05	06:36	05:07	04:47	04:59	05:44	05:20	02:20		
	Karl Johan Rød	Marine Aluminium BIL	B	01:10:26	0	05:51	09:24	14:34					24:36		04:46		
	Tor Roar Pedersen	Gassco BIL	D	01:32:16	0	-140	05:03	29:03	08:23	21:20	07:13	04:15	05:49	06:21	04:49		
Aktiv-N																	
1	Knut Steffen Kvala	Haugesund IL		00:33:15	1000	03:54	04:56	02:29	02:44	02:53	02:01	03:02	02:18	03:16	02:37	01:43	01:22
2	Johannes Diupesland	Haugesund IL		00:42:11	822	04:23	05:47	03:04	03:36	03:53	02:28	03:21	03:08	03:40	05:28	01:59	01:24