

**ROOTS-leir 30.10. - 01.11.15**

**Treningsøkt i Haraldsvang**

Brikke	Navn	Tid	Strekketider									
			1	2	3	4	5	6	7	8	9	10
<b>Kort 1</b>												
193888	Kristina Voll	00:05:41	01:09	01:14	00:49	00:57	00:24	00:50	00:18			
151433	Magnus Engløkk	00:07:33	01:21	01:31	01:40	01:25	00:43	00:42	00:11			
188456	Vegard Wiig Nystad	00:09:43	01:51	02:43	01:37	01:32	01:01		00:59			
<b>Kort 2</b>												
185484	Tonje Hausberg Bjerga	00:13:19	01:33	00:42	02:38	02:23	03:12	02:01	00:50			
188456	Vegard Wiig Nystad	00:15:41	01:20	00:53	03:24	02:55	05:15	00:55	00:59			
<b>Kort 3</b>												
216720	Aleksander Jørgensen	00:06:33	01:30	00:53	00:23	01:03	01:10	00:28	00:39	00:27		
185484	Tonje Hausberg Bjerga	00:13:43	03:40	01:17	01:14	02:18	02:11	00:58	01:20	00:45		
188456	Vegard Wiig Nystad	00:16:34	02:24	01:35	01:07	02:26	02:42	04:38	01:02	00:40		
<b>Lang 1</b>												
172270	Johannes Djupesland	00:11:39	00:31	00:47	01:26	01:14	00:55	01:35	01:26	01:18	01:50	00:37
197968	Ingvild Paulsen Vie	00:11:46	00:38	00:59	01:22	00:58	01:05	01:35	01:29	01:17	01:43	00:40
216720	Aleksander Jørgensen	00:12:18	00:32	00:54	01:41	00:49	01:02	01:35	01:24	02:00	01:44	00:37
211766	Johan Christie Ørke	00:12:21	00:38	01:00	01:28	00:55	01:01	01:43	01:47	01:29	01:39	00:41
200631	Ingrid Omdal	00:13:41	00:44	01:52	01:45	00:50	01:03	01:51	01:45	01:29	01:40	00:42
196743	Sunniva Omdal	00:14:12	00:43	00:56	01:24	00:55	01:09	02:10	02:50	01:32	01:55	00:38
193057	Ruben Kobbeltvedt	00:14:38	00:41	01:23	01:30	01:21	01:00	02:03	01:57	01:19	02:41	00:43
151433	Magnus Engløkk	00:14:41	00:34	01:27	01:25	00:55	01:04	01:39	01:49	01:48	03:28	00:32
145700	Marie Line Furland	00:14:58	00:48	01:16	01:42	00:59	01:16	02:19	02:03	01:36	02:13	00:46
195677	Sara Nystrøm Olsen	00:15:32	00:43	00:50	01:37	01:05	01:01	01:52	02:07	01:22	04:10	00:45
143224	Marthe Svihus	00:16:02	01:01	01:13	01:47	01:06	01:18	02:07	01:55	02:09	02:36	00:50
149100	Eivind Engløkk	00:19:01	00:41	02:50	02:52	01:20	01:19	01:45	02:41	02:08	02:51	00:34
192129	Vegard Wiig Nystad	00:22:36	04:19	01:26	01:45	01:08	01:04	02:23	01:56	01:28	06:35	00:32
<b>Lang 2</b>												
197968	Ingvild Paulsen Vie	00:13:59	00:26	03:13	01:16	01:36	01:35	02:46	02:32	00:35		
172270	Johannes Djupesland	00:14:47	00:24	03:13	01:35	02:16	01:41	02:18	02:43	00:37		
196743	Sunniva Omdal	00:16:22	00:44	04:00	01:41	01:38	02:08	02:17	03:18	00:36		
211766	Johan Christie Ørke	00:17:33	00:27	03:21	01:26	02:00	01:58	05:03	02:40	00:38		
151433	Magnus Engløkk	00:17:47	00:29	03:03	02:06	02:33	02:20	03:06	03:41	00:29		
143224	Marthe Svihus	00:21:16	00:54	04:07	02:55	02:08	02:18	03:36	04:28	00:50		
193057	Ruben Kobbeltvedt	00:21:41	00:29	02:57		05:12	03:37	04:19	04:14	00:53		
187124	Janne Tjørhom Aasheim	00:23:44	00:36	03:11	01:41	03:53	03:15	07:52	02:39	00:37		
192129	Vegard Wiig Nystad	00:27:18	00:44	03:37	04:15	03:40	03:30			11:32		
<b>Kompass 1</b>												
187124	Janne Tjørhom Aasheim	00:05:09	00:41	01:03	01:20	00:58	00:42	00:25				
216720	Aleksander Jørgensen	00:05:14	00:31	01:03	01:18	01:10	00:40	00:32				
197968	Ingvild Paulsen Vie	00:05:30	00:41	01:12	01:11	01:07	00:44	00:35				
172270	Johannes Djupesland	00:05:45	00:39	01:30	01:18	01:06	00:40	00:32				
145700	Marie Line Furland	00:06:14	00:44	01:17	01:36	01:14	00:46	00:37				
196743	Sunniva Omdal	00:06:23	00:46	01:35	01:28	01:11	00:45	00:38				
195677	Sara Nystrøm Olsen	00:07:16	00:58	02:12	01:47	00:59	00:44	00:36				
192129	Vegard Wiig Nystad	00:07:46	01:28	02:01	01:39	01:18	00:42	00:38				
193888	Kristina Voll	00:09:01	01:11	02:09	02:28	01:31	00:56	00:46				
200631	Ingrid Omdal	00:10:03	03:05	02:15	01:50	01:16	00:56	00:41				
149100	Eivind Engløkk	00:10:15	00:38	02:30	01:24	04:02	01:04	00:37				
185484	Tonje Hausberg Bjerga	00:14:48	01:03	03:45	05:33	02:28	01:13	00:46				
<b>Kompass 2</b>												
145700	Marie Line Furland	00:06:37	01:13	01:29	01:44	00:54	00:43	00:34				
187124	Janne Tjørhom Aasheim	00:07:13	01:16	01:16	02:47	00:39	00:42	00:33				
193888	Kristina Voll	00:06:57	01:24	01:26	01:45	00:59	00:49	00:34				
196743	Sunniva Omdal	00:06:33	01:20	01:33	01:34	00:59	00:37	00:30				
216720	Aleksander Jørgensen	00:06:29	02:21	00:54	01:36	00:38	00:32	00:28				
197968	Ingvild Paulsen Vie	00:05:02	01:07	01:00	01:10	00:46	00:30	00:29				
195677	Sara Nystrøm Olsen	00:08:15	01:34	02:27	02:12	00:55	00:39	00:28				
196743	Sunniva Omdal	00:06:33	01:20	01:33	01:34	00:59	00:37	00:30				
151433	Magnus Engløkk	00:09:39	04:25	01:39	01:33	01:05	00:34	00:23				
185484	Tonje Hausberg Bjerga	00:15:18	01:31	02:36	03:25	04:24	02:41	00:41				
<b>Kompass 3</b>												
172270	Johannes Djupesland	00:06:57	01:21	00:36	00:46	00:43	01:38	00:47	01:06			
187124	Janne Tjørhom Aasheim	00:07:29	01:27	00:55	00:45	00:51	01:34	00:48	01:09			
197968	Ingvild Paulsen Vie	00:07:37	01:25	00:39	00:55	00:44	01:46	00:51	01:17			
145700	Marie Line Furland	00:08:20	01:42	00:52	00:55	00:53	01:51	00:53	01:14			
211766	Johan Christie Ørke	00:08:34	01:56	00:59	00:53	00:54	01:59	00:39	01:14			
192129	Vegard Wiig Nystad	00:10:41	01:52	01:03	01:03	01:25	02:00	02:08	01:10			
193057	Ruben Kobbeltvedt	00:10:53	01:50	01:10	00:52	00:56	03:55	01:00	01:10			
195677	Sara Nystrøm Olsen	00:11:05	01:36	01:15	01:10	01:48		04:07	01:09			
143224	Marthe Svihus	00:12:33	02:39	02:07	01:02	01:17	02:31	01:18	01:39			
200631	Ingrid Omdal	00:12:53	03:44	00:52	01:12	01:28	03:14	00:58	01:25			
193888	Kristina Voll	00:13:22	02:39	01:40	01:25	01:26	02:58	01:35	01:39			